

# Community-Life

*The Community Life Commission is made up of various organizations in the parish. Its goal is to build a deeper sense of Christian community for all age and interest groups in the parish. The scope of the commission includes the Hospitality Committee, Newcomers Welcoming Social Events, Community Groups, and Volunteer Committee.*





### **Athletic Program**

This program, scheduled from August through May, involves elementary and high school youth in basketball, football, soccer, track and cross country.

Contact: Athletic Director, Kathy Gillespie, 202-449-3972 [kgillespie@blessedsacramentdc.org](mailto:kgillespie@blessedsacramentdc.org)



### **Boy Scouts**

Blessed Sacrament has sponsored Troop 90 for more than 85 years. Scouting seeks to instill a spirit of service to others, to have fun and adventure, to learn things such as first aid and survival skills, to develop leadership skills, and to introduce boys to the idea of learning from experienced scouts.

Contact: Ralph Eubanks, 202-537-9536 [wreubanks@starpower.net](mailto:wreubanks@starpower.net)



### **Cub Scouts**

The purpose of this group is to prepare younger boys (age 7 - 10) for Scouting and to offer an atmosphere of fun and learning in a supervised setting.

Contact: Barnaby Crahan, 301-657-2888 [sarah.crahan@verizon.net](mailto:sarah.crahan@verizon.net)

### **Faith in the Marketplace**

Faith in the Market Place (FIM) is a Blessed Sacrament program that provides First Friday of the month for the 6:30 a.m. Mass followed by fellowship, coffee and muffins and a 25-30 minute discussion and Q&A normally led by a member of the community regarding how their faith helps them in their daily work and life.

FIM looks for opportunities to assist others in the community in various ways such as getting to Sunday Mass, supporting children with special needs and other needs where our resources can be of assistance. The group meets on the first Friday of every month, September through June, and to connect with others who share a common bond in learning from others about their walk with faith. We adjourn at 7:45 a.m.

Contacts: Harry Kettmer, [harry@kettmer.com](mailto:harry@kettmer.com)



### **Filipino Community Committee**

This group communicates information about events at Blessed Sacrament, which include liturgical and social events, within the Filipino community. In addition, volunteers care for toddlers and children up to four years of age in the nursery during the 10:15 a.m. Sunday Masses. A variety of opportunities are available to parishioners who would like to get involved. We welcome and encourage your participation.

Contact: Perfecto Paras, 202-248-1581



### **Girl Scouts**

Girls interested in making new friends, serving others and trying new things – from nature and camping, to arts and crafts, to making brown-bag lunches for the homeless – are invited to join the Blessed Sacrament Girl Scout program. Scouting builds confidence, leadership and self-esteem by encouraging girls to learn to do things for themselves and to master new skills. Parent participation is expected.

Contact: Cindy Mesmer, 301-946-4743 [cmesmer@msn.com](mailto:cmesmer@msn.com)



### **Ministry of Mothers Sharing (MOMS)**

The Ministry of Mothers Sharing (MOMS) is an outreach ministry of the Sisters of St. Benedict. Our objectives are: 1) to gather mothers together to form a network of mutual, spiritual support, 2) to provide a group experience of learning, praying and ministering to each other 3) to introduce mothers to opportunities for personal and spiritual growth in a faith sharing group, and 4) to increase communication skills and the use of prayer rituals in the home. Mothers interested in joining our ministry are encouraged to complete our eight-week encounter, using the book: *MOMS: A Personal Journal*. Each weekly session begins and ends with a prayer ritual designed to enhance the Christian perspective on each of these topics. self-esteem and self-acceptance, stress, worries and anxiety, everyday spirituality, feelings, personal goal setting, expressing values in friendship, discernment of gifts, celebration of new beginnings. After completing the program, the MOMS community gathers for various volunteer programs, events and family socials throughout the year.

Contact: Brooke Thomas, 202-674-0542 [brookelthomas@mac.net](mailto:brookelthomas@mac.net)  
JoJo Spallone, 202-237-5787 [spallone4@gmail.com](mailto:spallone4@gmail.com)



### **Mother's Renew Group**

Join other parish mothers to prepare for Lent and Advent. Moms meet in the Duffy Parish Center on Thursday mornings from 9:30 a.m. to 11:00 a.m. for six Thursdays preceding Easter and Christmas (excluding Thanksgiving and school vacations). Babysitting is provided on site, with advanced notice. Volunteer mothers lead discussions of the upcoming Sunday gospel readings as we pray, share, and learn from each other.

Contact: Maria Olsen, 301-652-4370 [mariaolsen@verizon.net](mailto:mariaolsen@verizon.net)

### **Prayer Group**

The Blessed Sacrament Prayer Group has changed its format in the last year. We have become a Cenacle in membership with the Marian Movement of Priests. We begin our meeting with a prayer and then say the rosary, following the Marian format and meditations. We continue to be an intercessory group and after the rosary we pray for the world, the nation, families, and any needs of the Body of Christ. All are welcome to join us or call with prayer needs. The group meets every Wednesday at 7:30 p.m. in the Duffy Parish Center chapel.

Contact: Linda Tavenner, 202-244-3736 [LSTavs@aol.com](mailto:LSTavs@aol.com)



### **Ray Manning Adult Center**

The Ray Manning Adult Center is a social gathering place for senior adults and offers an open house with desserts, snacks, beverages and conversation each day (Monday through Thursday) following the 11 a.m. Mass. The open house/social is usually followed by the activity of the day: guest lecturer, travelogue, movie, book review, blood pressure screening, Scripture study, low vision support group, bridge, art lessons, sitting down exercises. The Center is located in beautifully furnished Apartment #1 of the historic Chevy Chase Apartment Bldg., adjacent to the church. All senior adults, 50 and older, are invited and no fees are charged. Transportation is provided for those who need it. Check the Sunday bulletin for the week's activities. The Center needs the following volunteers:

- a. Drivers to transport seniors (all are ambulatory) to the Center. Time involved is 20-30 minutes, weekdays 10:30-11:00 am for pick-up or 2:00-3:00 p.m. for the return trip
- b. Bakers to provide homemade cake, cookies, or brownies.
- c. Host/Hostess to set up, participate in activity, and clean up. Three to four hours, once or twice/per month

Contact: Rita Killian, 202-363-5069 [r.killian@verizon.net](mailto:r.killian@verizon.net)

## **RENEW and the Word**

Each Tuesday a group gathers to read, reflect on and discuss the scripture readings for the upcoming Sunday liturgy and their application/relevance in our daily lives. We meet in the Ray Manning Center following the 11:00 a.m. Mass. New members are welcome.

Contact: Rita Killian, 202-363-5069 [r.killian@verizon.net](mailto:r.killian@verizon.net)



### **Second & Fourth Monday Club**

The Second and Fourth Monday Club is a group of Blessed Sacrament seniors who meet twice a month for various activities. Events are scheduled to meet social, spiritual and educational interests and include parties, guest speakers and occasional day trips. Meetings are held on the 2nd and 4th Monday of each month in the Ray Manning Adult Center after the 11 a.m. Mass. Transportation is provided for those who need it. Volunteers are needed to plan events, schedule speakers, and/or coordinate day trips. Drivers also needed for day trips.

Contact: Rita Killian, 202-363-5069 [r.killian@verizon.net](mailto:r.killian@verizon.net)



### **Welcoming Committee for New Parishioners**

The Welcoming Committee for New Parishioners enthusiastically welcomes new volunteers for this ministry. Our goal is to greet new parishioners when they register in the parish, by assigning volunteers who are similar in interests and age group, from their 20's through early 80's! Our mission is to meet personally with each newcomer, give them information on parish life, and seek ways to help them identify programs and activities which interest them. The requirements are a willingness to assist new parishioners with our welcoming goals, and a commitment to fulfill visiting assignments on a timely basis. Training provided; flexible schedules; about six to eight assignments per year.

Contacts: Christy Reap, 202-686-6521 [Christine.Reap@gmail.com](mailto:Christine.Reap@gmail.com)