



The Transfiguration of the Lord

Parish Staff

Rev. Msgr. John J.ENZLER, Pastor
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Deacon Daniel Thompson
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Mr. Chris Kelly, Principal of School, 202.966.6682
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Mrs. Patricia Kavanaugh, Social Concerns Minister, 202.449.3987
(Office Open Monday - Friday, 10 a.m. - 1 p.m., and by appt.)
Mr. Jay Rader, Director of Liturgy and Music, 202.449.3981
Ms. Kathy Gillespie, Director of Athletics, 202.449.3972
Mr. Mark McCaffrey, Coordinator of Youth Ministry, 202.449.3978

Assistants on Weekends

Rev. Regis Armstrong, OFM Cap, Catholic University
Rev. Michael Witczak, SLD, Catholic University

Duffy Parish Center

Main Office 202.966.6575
(Open Monday - Saturday, 8:30 a.m. - 4:30 p.m.)
In an emergency, 202.966.6575, Ext. 3988, to page priest on duty
Facilities 202.449.4610
St. Pius Library 202.449.3974

Ray Maning Adult Center 202.363.4512

Sacrament of Baptism — Baptismal preparation is required of all parents prior to the celebration of baptism. We recommend that this take place before the child is born. Contact the Religious Education Office at 202.449.3989 for more information.

Sacrament of Matrimony — Please contact one of the parish priests six months in advance. All couples who are to be married at Blessed Sacrament must complete our parish marriage preparation program.

Sacrament of Reconciliation — Friday and Saturday after the 11 a.m. Mass (if no funeral); Saturday 4 - 5 p.m. and after the 5:30 p.m. Mass, or anytime by appointment.

Care of the Sick and Homebound — If you or someone you know is hospitalized and would like a priest to visit, or if you know of anyone who is homebound who could benefit from a regular visit, please contact the parish office at 202.966.6575.

New Parishioners — Welcome to Blessed Sacrament! Please register for parish membership by stopping in at the Duffy Parish Center and filling out a registration form. Forms also available in the pamphlet rack inside the Quesada Street entrance to the church and on the parish website.

Departing Parishioners — We will miss you. Please notify one of our staff members in the Duffy Parish Center office that you will be moving away.

Bulletin Announcements — Please send all announcements to bulletin@blessedsacramentdc.org. Deadline: Mondays @ 10 a.m.



*The Shrine of the Most
Blessed Sacrament
3630 Quesada Street, NW
Washington, D.C. 20015
www.blessedsacramentdc.org*

From the Pastor's Desk ...

Dear Friends,

Two weeks ago I wrote an extra-long letter about the forthcoming Centennial celebrations. We had a meeting this past week and plans continue to march forward for a very special year for the entire parish community. Since so many are away in the summertime, I want to reiterate the major events in today's letter, knowing we are now only five months away from the beginning of our special year in 2011:

- March 8** Eve of Ash Wednesday: Tridentine Mass
- June 5** Parish Family Picnic
- June 26** Corpus Christi; Anniversary Mass and Procession led by Bishop Wuerl
- October 7** 100th Anniversary Birthday Party
- October 8** Blessed Sacrament School Reunion

Please mark these major events on your calendar now. We hope to fill the campus with a spirit of community, faith and joy for each of these events and throughout the entire year.

Thank you to all who have been making donations on each fifth Sunday during the year toward Centennial celebration expenses. There are two 5th Sundays remaining – August and October. We have been receiving on average \$4,000 on these 5th Sundays. Already we have received \$35,000. I am grateful for your generosity. It is going to be one spectacular year!!

Father John

Poor Box Donations in August will benefit Language ETC (Language, Education, and Technology Center), which offers low-income adult immigrants instruction in English, Spanish literacy, citizenship, and basic computer skills. The program was founded by Our Lady Queen of Americas Catholic Church and is still located there, although it is now an independent nonprofit organization. Contributions will go toward scholarships for those students who cannot afford the school's minimal fees.

Bulletin Publication Schedule Summer 2010	
Publication Date	Deadline
August 15	August 9
August 29	August 23

Youth Corner

Question Of The Week — It is easy to get self-centered and greedy. What do you have in your life that is unnecessary? In your life, what keeps you close to God? What distracts you from your relationship with God? (Week of **August 1**)

If Jesus were to knock on your door today and give you a report card on your life as His disciple, what grade would you get? Where would be your areas for improvement? (Week of **August 8**)

CYO Soccer Registration — Registration for CYO soccer for the fall of 2010 is still underway. The program is open to boys and girls who are members of the parish and who are in grades 4 - 8. If you have not yet registered, please visit the parish website at www.blessedsacramentdc.org and click on CYO Athletics under the Youth tab. All the instructions for completing the registration process are included there. Registration must be completed by **August 23**. We are still looking for several coaches and assistant coaches. If you are interested, please contact Kathy Gillespie at kgillespie@blessedsacramentdc.org.

Religious Education News ...

Are You Interested In The Catholic Faith? We invite you to learn what the Church teaches, and ask those perplexing and difficult questions you may have about the Church. These gatherings are for inquirers and are open to people who are unbaptized, as well as those who are baptized Christians from Protestant, Evangelical backgrounds or Catholics in need of First Eucharist and/or Confirmation. The first session will be held Monday, **September 20**, 7:30 to 9:30 p.m. in the Duffy Parish Center. For more info, contact Therese Recinella at 202.449.3989 or trecinella@blessedsacramentdc.org.

School of Religion Registration for 2010-11 is now available online. Electronic registration and payment by credit card is available on the parish Web site at: www.blessedsacramentdc.org/faith-formation/school-of-religion. The new year in religious education begins on Sunday, **September 19**, and Tuesday, **September 21**. If you have any questions, contact Rosalie Days at 202.449.3973 or rdays@blessedsacramentdc.org.

From The Social Concerns Office ...

School Supply Drive For Sister School, St. Thomas More — Stores have begun to offer fantastic discounts on school supplies for the upcoming 2010-2011 school year. If you find a great sale, please consider purchasing a few items to contribute to the Social Concerns Office annual school supply drive. Items needed are: scissors, glue sticks, binders, notebooks, colored markers, highlighters, and crayons. For more information, contact Pat Kavanaugh, 202.449.3987 or pkavanaugh@blessedsacramentdc.com.

Mass Schedule

Saturday, August 7

5:30 p.m. ~ Father Jim

Sunday, August 8

7:30 a.m. ~ Father Jim

9 a.m. ~ Father Jim

10:30 a.m. ~ Father O

12:30 p.m. ~ Father Jim

5:30 p.m. ~ Father O

Saturday, August 14

5:30 p.m. ~ Father O

Sunday, August 15

7:30 a.m. ~ Father Jim

9 a.m. ~ Father Witczak

10:30 a.m. ~ Father Jim

12:30 p.m. ~ Father Jim

5:30 p.m. ~ Father O

Weekday and Saturday Masses

Monday - Friday: 6:30 a.m., 8 a.m., 11 a.m., 5:30 p.m.

Saturday: 8 a.m., 11 a.m.

Filipino Mass in Tagalog every 4th Sunday at 4 p.m.

Holy Day Masses

Eve of the Feast: 5:30 p.m.

Day of the Feast: 6:30 a.m., 8 a.m., 11 a.m., 5:30 p.m.

Holy Hour

Thursday before first Friday of each month: 9 p.m. - 10 p.m.

Exposition: Monday - Friday, 3 p.m. - 5:15 p.m., in the church

Newly Baptized

Heidi Cecilia Howard

Michael Xavier Larkin

Simone Margaret Pattisall

Rest In Peace

Joyce Meiburger

Judge Harry Monahan

Catherine Schempp

Please include our sick in your prayers that they may experience healing and comfort

Frances E. Augustyn

Zachary Balog

Marilyn DeLapp

Sisto Flores

Eileen Nelson

JustFaith, New Program "Engaging Spirituality" —

Seeking Facilitators and Potential participants for a new JustFaith Ministry program. The process draws on the wisdom and practices of our Catholic Contemplative Tradition for the transformation of lives and our world.

These include: discernment, Lectio Divina, silence, journal-keeping, sacred listening, spiritual reading, Centering Prayer, and social outreach; and are opened and practiced from within a small faith-sharing group. Join us 8:30 a.m. to 3 p.m. on Saturday, **August 7**, in the Duffy Parish Center main level for a discernment day. The Catholic Campaign for Human Development, Catholic Charities USA, Bread for the World and Catholic Relief Services all partner with the JustFaith Ministry. Coffee, doughnuts and lunch will be provided. For more information, contact Pat Kavanaugh in the Social Concerns office, 202.449.3987 or pkavanaugh@blessedsacramentdc.org. To register, contact Ellen Hayes at ellen.es.imator@gmail.com.

Visit Your Parish Library

A few choices from recent library magazines....[articles selected from magazines available to parishioners].

The Last Days of St. Vincent's: A venerable New York institution closes its doors by Kevin Clarke. America, July 5-12, 2010, pp 19-21. Although neighborhood groups fought to resist closing the 161 year old hospital, the last Catholic general hospital in New York City, doors were shut on April 30. Known for its charitable care, the heavy debt was unsustainable. Clarke writes of the historic legacy of the Sister of Charity in the city.

Vast Dangers in a Small Place by Hadley Arkes. First Things, June-July 2010, pp. 33-37.. Arkes, political science professor at Amherst College, "argues for the free-speech rights of Christian students in law schools."

In Service: Emily Dickinson, Helen Keller & the Irish Help by Peter Quinn. Commonweal, June 18, 2010, pp 9-14. Novelist Peter Quinn cites two books: Aife Murray's *Maid as Muse: How Servants Changed Emily Dickinson's Life and Language* and Kim Nielsen's *Beyond the Miracle Worker: The Remarkable Life of Anne Sullivan Macy and Her Extraordinary Friendship with Helen Keller*.

Four Steps to Divine Carelessness by Mary Sharon Moore. St. Anthony Messenger, July 2010, pp 18-21. Moore thinks that "When we let go of ourselves, our divine calling unfolds before us."

Nuns' great leap forward by Michael McCarthy. The Tablet, 26 June 2010, p. 14. English priest Michael McCarthy says "For years being a practicing Catholic in the People's Republic [China] involved secrecy and persecution. But gradually relations between Rome and Beijing have improved. And now the first active contemplative community for 60 years is nearing completion."

More From The Social Concerns Office ...

Canned Food Donations — The Social Concerns office continues to be low on food served to the poor on weekdays from 10 a.m. to 1 p.m. If you can assist, please bring food items to the church or directly to the Social Concerns office. Popular requests are: tuna fish, peanut butter, baked beans, Chef Boyardee Beefaroni, cereal and meat/chicken based soups. Thank you.

Community Garden — Volunteers are needed to deliver produce from the community garden on Mondays to various food service providers in the Metro D.C. area (Shepherd's Table, SOME, Manna). Volunteer families, friendship groups or students (service hours provided) willing to take one week of the summer to water, weed and harvest the community garden beds are also needed. Contact Pat Kavanaugh 202.449.3987 or email eogreenberg@gmail.com. In addition, collection baskets for fresh produce from your own garden are made available after Masses **now through the end of September**. Please donate any extra produce from your own personal garden for the Metro D.C.'s most vulnerable.

THE ADULT CENTER invites all parishioners, 39 and holding, to the Chevy Chase Apartments, #1, for fellowship after the 11 a.m. weekday Mass. Bring a sandwich and join the activities. For transportation, call Rita Killian at 202.363.5069.

Summer Schedule (Regular Schedule Resumes September 14)

Monday, Wednesday, Friday	Closed
Tuesday	RENEW and the Word/ Low Vision Support
Thursday	Bridge For Bridge Lovers

Parishioner Assistance Needed With Employment/Rides

— Please contact Pat Kavanaugh, 202.449.3987, if you can occasionally assist a senior adult women with transportation to the 8 a.m. Mass or if you could hire an experienced, mature, part-time adult student to work in child care or cleaning houses.

Note From Father John About Rick Nichols —

Rick Nicols, one of our former seminarians, will make his profession of perpetual vows with the Jesuits **August 14** at Holy Cross Church in De Witt, NY. Rick spent a year at Blessed Sacrament discerning his vocation to either the Jesuits or Archdiocesan priesthood. I was sorry to lose him to the Jesuits! Please pray for Rick as he prepares for his vows. I know he would love to receive a card or greeting from our parishioners who support him on his vocational journey. Rick's address is: Mr. Rick Nichols, St. Andrew's Hall, 420 Demong Drive, Syracuse, NY 13214-1499.

And From The Community ...

Weight Watchers At All Saints Church — Friends across the circle at All Saints are organizing a Weight Watchers Group and welcome anyone who is interested to join them **Tuesday evenings** at 7. Cost: \$39.95 per month or \$14 per week. The group needs at least 4 more participants to get started! So, what are you "weighting for? For more information, contact Sue Stanley at 202.362.0453.

Skyline Potomac Cruise — CAC of Washington, D.C., an organization of single Catholics in the Greater Washington area, is sponsoring a very special Skyline Potomac Cruise aboard the "Cherry Blossom" ship from 8:15 - 11:30 p.m. on Saturday, **August 21**. The boat departs from the City Marina in Old Town Alexandria. Music by Ultrasound DJs; appetizers and beautiful vistas included! Tickets are \$47 (\$25 for students with ID) and must be purchased in advance. To RSVP and for information, contact Lynn Sorbara at 301.466.2556 or dance@dcsinglecatholicpro.org or visit www.DCsingleCatholicPro.org.

Sponsor Of The Week

We would like to thank **De Vol Funeral Home** for sponsoring an ad in our weekly bulletin.

Top Ten Reasons To Be A Catechist Or Teacher's Aide

10. Grow in your faith. When you teach, you will deepen your relationship with the Lord and better learn the teachings of the Church.
9. If not you, then who? Our children need you! Were it not for the generosity of so many dedicated volunteers that come forward each year, our program would literally cease to exist.
8. Serve as a good role model. Our young people need good adult role models, in addition to their parents and family members.
7. You can make a difference. As a catechist, you have a unique opportunity to touch the lives of your students for all eternity. Even if you bring only one student to Christ, it will have all been worthwhile.
6. We'll train you! All catechists and teacher aides participate in an orientation training session and will have opportunities for ongoing growth and support throughout the year.
5. Meet new people. As a catechist, you are part of a vibrant faith community here at Blessed Sacrament. You'll meet people who are equally passionate about living their faith and passing it on to the next generation.
4. Improve your health. Recent studies have shown that volunteering can boost a sense of well-being, improve the body's immune system, and act as antidote to stress, chronic pain, and even insomnia. Giving to others contributes a healthier psychological and physical life.
3. You have gifts to share. Each catechist's uniqueness is a special gift to the young people they serve. God has not short changed you! Realize that you have something unique and special to offer these young people.
2. Put your faith into action. Christianity is not a spectator sport. Our faith takes on new life and meaning when we share it with other people.
1. Because of the Great Commission. Jesus tell us: "Go, therefore, and make disciples of all nations, baptizing them in the name of the Father, and of the Son, and of the Holy Spirit, teaching them to observe all that I commanded you." Matthew 28:19-20

We need catechists and teacher aides for 2010-11!

For more information, contact Therese Recinella, Director of Religious Education,
at trecinella@blessedsacramentdc.org or 202.449.3989.



Weatherize With WIN

What is the WIN Weatherization Pilot Project?

WIN is working with the D. C. Government and the Laborers International Union of North America to launch a \$3 million demonstration project that aims to employ approximately 30-50 weatherization workers and weatherize approximately 500 low to moderate income homes starting in September 2010 –March 2011.

What is weatherization?

Weatherization seals and insulates a home to make it more energy efficient and comfortable. Some improvements that could be performed to weatherize a home include air sealing (weather-stripping and caulking), wall and ceiling insulation, hot water tank and pipe insulation, and occasionally replacing broken or leaky windows/doors. A certified energy-efficiency expert performs an audit of the home to determine the most cost-effective measures needed to create the largest amount of energy savings.

If you are a D.C. homeowner interested in applying for this cost-free program please fill out the information form below and on the reverse. If you know someone else who might be interested please pass this application along to them.

Name: _____

Address: _____

Best Phone: _____ Alternative Phone: _____

Email: _____

To qualify for a free or reduced cost weatherization your household income must be at or below 80% of the median income level for this region.

How many people live in your household _____?

Please see the table and look for the number of people in your household. Is your household income above or below the amount in the table below?

Household Size	1 Person	2 People	3 People	4 People	5 People	6 People	7 People
Total Household Income	\$57,512	\$65,728	\$73,944	\$82,160	\$90,376	\$98,592	\$106,808

What are the next steps?

- 1) Remove sheet from bulletin and mail to WIN leader, Joan Lee, 4515 Willard Avenue, Apt 1810, Chevy Chase, MD 20815
- 2) Someone from the WIN office or D.C. Department of Environment will call to determine your eligibility for the program.
- 3) An energy efficiency audit will be scheduled
- 4) Review energy efficiency audit with contractors, and schedule appointment for energy efficiency repairs
- 5) Review energy efficiency repair with contractor, and schedule post-repair energy efficiency audit.

What does it cost?

The current WIN/LIUNA Pilot program will be free to qualified homeowners. If you do not meet the income requirements then you can choose to pay for the weatherization out of pocket.

For Information, contact:
 Joan Lee at 301.654.8171, or
 Margaret Ahmann at 202.966.1983