

SHRINE OF THE MOST BLESSED SACRAMENT

FOUNDED
1911

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Washington, D.C. 20015
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www.blessedsacramentdc.org

Blessed Sacrament School
5841 Chevy Chase Parkway, NW
Washington, D.C. 20015
202.966.6682
www.bsstoday.org

Mass Times

Saturday, January 28

5:30 p.m.

Sunday, January 29

7:30 a.m.

9 a.m.*

10:30 a.m. (Church)**

10:30 a.m. (Gym)**

12:30 p.m.

5:30 p.m.

*American Sign Language interpreted Mass

**Nursery services, kindergarten room under the school gym

Weekday & Saturday Masses

Monday - Friday: 6:30 a.m., 8 a.m., 11 a.m., 5:30 p.m.

Saturday: 8 a.m., 11 a.m.

Filipino Mass in Tagalog every 4th Sunday at 4 p.m.

Holy Day Masses

Eve of the Feast: 5:30 p.m.

Day of the Feast: 6:30 a.m., 8 a.m., 11 a.m., 5:30 p.m.

Adoration Of The Blessed Sacrament

Exposition: Monday - Friday, 3 - 5:15 p.m., in the church

Thursday before first Friday of each month: 6 - 10 p.m., with Holy Hour 9 - 10 p.m.

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This Week

Evening Eucharistic Adoration This Thursday — Each month, on the Thursday before the first Friday, Eucharistic adoration takes place at Blessed Sacrament from 6 p.m. (after the 5:30 Mass) until 9 p.m. Join other parishioners in the church to spend a few minutes, or an hour, in quiet time with Christ. Come on the way home, after dinner, or for night prayer. In addition, from 9 to 10 p.m. there is a Holy Hour of prayer and reflection, which ends with Benediction. The next evening adoration will be from 6 to 10 p.m. on **February 2**.

Faith In The Marketplace (FIM) Meeting This Friday — The monthly first Friday gathering of men to discover how others live and practice their professions and faith in the marketplace will take place **February 3** after the 6:30 a.m. Mass. Jeff Fortenberry, elected in 2004 to the United States House of Representatives from Nebraska's First Congressional District, will discuss his work in Congress, which is rooted in the belief that the strength of our nation depends on the strength of our families and communities. Formerly a publishing industry executive, Rep. Fortenberry has an extensive background in economics and public policy, serves on the Foreign Affairs Committee, with significant responsibilities for Middle Eastern affairs, on the Agriculture Committee and as Chairman of the Department Operations, Oversight, and Credit Subcommittee. FIM, an informative forum which undertakes numerous community outreach projects, fosters camaraderie among a cross-section of parish members from a diverse array of professions. For more info, contact Dean Packard at dean_packard@ml.com. Join us and discover myriad ways our faith is at work in the marketplace.

Pastoral Staff

Rev. Ronald A. Potts, Pastor
rpotts@blessedsacramentdc.org
Rev. Msgr. Maurice V. O'Connell, Retired Priest
moconnell@blessedsacramentdc.org
Rev. Percival L. D'Silva, Retired Priest
pdsilva@blessedsacramentdc.org
Deacon Daniel Thompson

Assistants on Weekends

Rev. Regis Armstrong, OFM Cap, Catholic University
Rev. Michael Witzczak, SLD, Catholic University

Duffy Parish Center

Main Office 202.966.6575
(Open Monday - Saturday, 8:30 a.m. - 4:30 p.m.)
In an emergency, **202.966.6575, Ext. 3988**, to page priest on duty
Facilities 202.449.4610
Pius X Library 202.449.3974
Ray Manning Adult Center 202.363.4512

Mr. Chris Kelly, Principal of Blessed Sacrament School, **202.966.6682**
Ms. Therese Recinella, Director of Religious Education, **202.449.3989**
Mrs. Patricia Kavanaugh, Social Concerns Minister, **202.449.3987**
(Office Open Monday - Friday, 10 a.m. - 1 p.m., and by appointment)
Mr. Jay Rader, Director of Liturgy and Music, **202.449.3981**
Ms. Kathy Gillespie, Director of Athletics, **202.449.3972**
Mr. Mark McCaffrey, Coordinator of Youth Ministry, **202.449.3978**
Ms. Emma Voelzke, Special Needs Coordinator, **202.449.3990**

Sacraments

Baptism — Baptismal preparation is required of all parents prior to the celebration of baptism. We recommend that this take place before the child is born. Contact the Religious Education Office at 202.449.3989 for more information.

Matrimony — Please contact one of the parish priests six months in advance. All couples who are to be married at Blessed Sacrament must complete our parish marriage preparation program.

Reconciliation — Friday and Saturday after the 11 a.m. Mass (if no funeral); Saturday 4 - 5 p.m. and after the 5:30 p.m. Mass, or anytime by appointment.

Parish Services & Information

Care Of The Sick & Homebound — If you or someone you know is hospitalized and would like a priest to visit, or if you know of anyone who is homebound who could benefit from a regular visit, please contact the parish office at 202.966.6575.

New Parishioners — Welcome to Blessed Sacrament! Please register for parish membership by stopping in at the Duffy Parish Center and filling out a registration form. Forms also available in the pamphlet rack inside the Quesada Street entrance to the church and on the parish Web site.

Bulletin Announcements — Please send all announcements to bulletin@blessedsacramentdc.org. Deadline: Mondays @ 10 a.m.

Newsletter Content — Please send articles, photos and other content to newsletter@blessedsacramentdc.org.

Web Site Postings — Please send requests for postings for the Blessed Sacrament Parish Web site to website@blessedsacramentdc.org.

Pastor's Column

As we celebrate the Fourth Sunday in Ordinary Time, our reading from Deuteronomy is a meditation on the Prophet Moses. Moses is the prophet par excellence because he was chosen by God to transmit His word and Law. This message is given to Moses, "I will raise up for them a prophet like you from among their kin, and will put my words into his mouth; he shall tell them all that I command him." This statement reveals the Lord's initiative in calling a prophet. Prophets do not claim to unveil God's secrets or His intentions. What they know and the message they proclaim comes from God. They have received this mission from God and cannot shrink from its responsibility no matter what the cost. Moses like all true prophets is a servant of God and His word. God will never abandon His people but will remain present among them and will continue to make His will known to them through the prophets. God will ultimately send His Son the fulfillment of His promise to not only redeem us but show us the way home to heaven.

In St. Paul's first Letter to the Corinthians, he gives a great teaching on marriage and celibacy. He understands the beauty and sacredness of marriage and family life as God had planned it from the beginning. But he also presents celibacy as a sign of the expectation of the kingdom that Christ will inaugurate on His return at the end of time. The value of natural fatherhood and motherhood helps us to understand the price of spiritual fatherhood and motherhood. Despising marriage or belittling its dignity is incompatible with the just appreciation of celibacy for the Lord. Conversely, denigrating celibacy implies a faulty understanding of marriage as a state willed by God. The reciprocal recognition of the high value, the demands, the merit, the graces of the two states of life, the two vocations, allows us to correctly appreciate marriage and celibacy in their originality and complementarity. In this case, the two kinds of life will stimulate each other in friendly emulation to seek God and holiness.

In today's gospel passage from Mark, we find Jesus teaching with authority in the synagogue in Capernaum. The people were astonished at His teaching and then a man with "an unclean spirit" cried out, "What have you come to do with us, Jesus of Nazareth? Have you come to destroy us? I know who you are—the Holy One of God!" We find it interesting that the first one to publicly acknowledge Jesus' divine origin is not one who has been healed by Him but a demon. This cry is not a profession of faith but a cry of rage and despair. This experience points to the whole of the mission of Jesus—to conquer the evil one. As Jesus proclaims the kingdom of God in Capernaum, it is the beginning of the overt, public and decisive struggle between Jesus and Satan. The "unclean spirit" is unmasked and at the same time, lost in advance. We see the power of Jesus over the spirit as He commands him, "Quiet!" Come out of him!" The people are amazed at His authority and wonder who He is; this question will be answered as Jesus manifests His power and authority and ultimately through His passion, death and resurrection.

May God bless all of you.

Father Ron

Youth Corner

Question For The Week — Jesus was able to free the man from the unclean spirit within him. What do you hope Jesus will free you from? What is happening in the world that needs Jesus' help?

(Source: www.osvcurriculum.com/lifelong_catechesis)



Youth Group Calendar Of Events

Sunday, February 5: Informational meeting for New Orleans community service trip, 6:45 to 8 p.m., parish center, main level meeting room (parking lot side). Both students and parents are welcome; pizza will be served. If you plan on attending, register at <http://www.blessedsacramentdc.org/event/2012-02-05-meeting-for-new-orleans-community-service-trip/>.

June 4 - June 9: New Orleans community service trip for high school students only.

June 13 - June 18: New Orleans community service trip #2.

Questions? Contact Mark McCaffrey at mmccaffrey@blessedsacramentdc.org or 202.449.3978.

Poor Box Donations in **January** will benefit the Tenants Empowerment Network, a transitional housing program for homeless families. The program, which is part of Catholic Charities, also provides case management services, addictions counseling, guidance in securing employment, and child care assistance. Families may remain in the TEN program for up to two years.

Year-End Statements — The annual contribution statements for tax purposes will be available for mailing at the **end of this month**. Statements will be provided only upon request. To request a statement, contact Grace at gpereira@blessedsacramentdc.org or 202.449.3979.

Scout Sunday — Scout Sunday will be celebrated at the 10:30 a.m. gym Mass next Sunday, **February 5**. All parish Boy Scouts, Cub Scouts and Girl Scouts are invited to attend. Scouts and leaders will sit together in reserved rows. Scout leaders will be available in the auditorium after Mass to meet families who may be interested in joining Scouting.

Newly Baptized

William Alexander Rainey

Rest In Peace

Dorothy Kaiser
John McCambridge

Please include our sick in your prayers that they may experience healing and comfort

Sara Baron	Elizabeth Long
George Cahill	Helen Potts
Jean Chambers	Peter Ross
George Fleming	Judy Szot
Peter Kiss	Jimi Yui

Faith Formation

School Of Religion

Catechists For School Of Religion — From the National Directory for Catechesis: "The apostolic work of the catechist springs from the Sacrament of Baptism through which all believers come to share in the prophetic ministry of Christ and the evangelizing mission of the Church. It is strengthened in the Sacrament of Confirmation. The call to the ministry of catechist is a vocation, an interior call, the voice of the Holy Spirit." Share your belief in God and the joy of knowing Jesus by becoming a catechist. We are inviting all those who are interested in this ministry to visit our School of Religion program and learn more about it. The first step is to contact Therese at 202.449.3989.

Baptism Preparation — We are recruiting four to six couples to lead our parent-led class. The classes meet six Sundays a year. All interested couples please call Therese at 202.449.3989.

First Eucharist Parent Meeting — Wednesday, **February 8**, at 7:30 p.m. in the school auditorium. For more information, contact Rosalie Days at rdays@blessedsacramentdc.org.

Lenten Highlights — Lenten Highlights for the Lenten Highlights flyer and bulletin need to be sent to Therese by Wednesday, **February 8**. Please send to trecinella@blessedsacramentdc.org.

Catechist Appreciation Mass & Brunch — Sunday, **February 12**, beginning with the 10:30 a.m. Mass in the church; gather for brunch in the parish center, main level, after the Mass.

Did You Know??

When speaking of a person with a disability "put the 'person' first." In other words, rather than saying "disabled person," use the term "person" followed by the name of the specific disability. If referring to a person with cerebral palsy, for example, say "the person who has cerebral palsy." However, if you are not sure what words to use, it is always a safe bet to ask. For more information about how Blessed Sacrament is becoming a more inclusive community, contact Emma Voelzke at 202.449.3990 or evoelzke@blessedsacramentdc.org.

Newsletter Articles — Articles and photos for the February/March edition of the parish newsletter must be submitted by Sunday, **February 12**, to: newsletter@blessedsacramentdc.org.

Disabilities Ministry News — The next meeting of the Disabilities Ministry is Tuesday, **February 21**, from 7 to 9 p.m. in the parish library. All are welcome!

Blessed Sacrament's Camp Maria Family Retreat — Openings are available for families to attend the Camp Maria family retreat **September 6 to 9**. The Camp Maria weekend, founded more than 30 years ago as a supplement to religious education by Blessed Sacrament's gym mass founders, provides families an opportunity for spiritual growth and family fun in an idyllic bayside setting. For more information, visit <https://sites.google.com/site/campmaria2011/> or email bridgetcowie@me.com.

Visit Your Parish Library

Charles Dickens' 200th birthday, **February 7**

Dickens (1812-1870), one of the most famous British novelists is truly a historian of the Victorian era. His works are constantly adapted for a new generation. He drew his colorful characters from his own life experiences: at the age of twelve he was sent to work while his father was imprisoned for debt. His tenacity as a boy in learning shorthand and becoming a reporter in the London law court set him on the path of a writer. He never forgot the poverty of his childhood but rarely spoke about it. Sensitivity to the hardship in the lives of so many people of his time, coupled by a brilliant observation of human character and an irrepressible sense of humor made his writing, beginning with sketches in periodicals under the pseudonym "Boz", widely known.

"The Bedside Dickens: an Anthology for Pleasure," compiled by J.W. Garrod (828 D424 B227).

The range of topics in this book (extracted from novels, letters and speeches) such as 'the Masculine Point of View', 'Shakespearean Idyll' and 'London and Elsewhere' to 'The Tender Passion' and 'The Happy Traveller' will intrigue you with their comedy and down-to-earth samples from the novels whose names are well-known (but their length is intimidating). There's also a description of American railroads (American Notes) and many revealing comments on the society of his time.

"Charles Dickens: a Critical Study," by G.K. Chesterton (B D424C327 C317). Gift of Mary Virginia Merrick.

Chesterton combines a perceptive picture of Dickens' life, character and outlook with an analysis of his novels. These, he writes, are "a monument to what happens when a great literary genius has a literary taste akin to that of the community," with resulting great popularity. The chapter "Dickens in America" describes the reasons why Dickens' first and long-awaited visit disappointed both him and his hosts.

"Dickens," by Andre Maurois (B D424 Mi87 D424).

This description of Dickens' life and work differs from Chesterton's in its emphasis on his personal life and attitudes. There's a long section, "The Philosophy of Dickens," in which Maurois writes, "he detests old institutions, and some new ones, but is incapable of showing how they could be replaced... debtors' prisons must be abolished...bad schools must be abolished...but what is to be put in their place?" Both this and the previous book are a good introduction to Dickens but no substitute for the novels.

For more information, visit the library or call 202.447.3974.

Play Reading Next Week — Tuesday, **February 7**, at 7 p.m. Join the parish thespians and revisit "A Streetcar Named Desire," the most intense and most powerful play that Tennessee Williams wrote. It's a human story of a young woman, Blanche, who takes a streetcar called "Desire" in New Orleans to visit her sister. You may join in the reading or be a listener. We will discuss the play after the reading while partaking of light refreshments. Call John Dluhy for more information, 202.841.6925.

THE ADULT CENTER

Because of the uncertainties of weather and potential safety risks, the Adult Center will be closed during the **month of February**. Activities will resume on Monday, March 5. Be warm and safe!

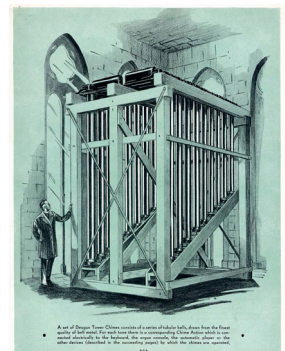
Searching For A Yoga Instructor — The Adult Center would like to offer Yoga classes and is looking for an instructor. If you know of anyone who might be able to teach Yoga to Seniors, please contact Mary Otero at 301.986.0488.

Meet The Author — Sunday, **February 12**, 11:30 a.m. in the parish library. Chris Matthews, host of "Hardball" on MSNBC, will sign his latest book, "Jack Kennedy, Elusive Hero," and speak about why and how he wrote this most recent addition to the immense Kennedy saga. In this probing portrayal of Kennedy, Matthews sought to answer the question: "What's he like?" The book will be on sale in the library at a discounted price.

Blessed Sacrament Men's Annual Retreat...No Qualifications Needed — The Lord has unconditional love, so there are absolutely no qualifications needed to go on retreat. You are good to go in the Lord's eyes. Join the Blessed Sacrament Men's annual retreat at Loyola Retreat House the weekend of **March 2-4**. Register online today at <http://www.blessedsacramentdc.org/mens-retreat/>. Questions? Loyola at 301.392.0819 or lisa.white@loyolaretreat.org. If you'd like to carpool, contact Dr. Jim Richeson at jim@yourdentaldr.com.

Chimes Chatter

We learned about the World Federation of Carillons last week. One member of this federation happens to be the Guild of Carillonneurs in North America (GCNA), a professional society of carillonneurs in the United States and Canada founded in 1936. GCNA is dedicated to the promotion of the playing of carillons and has over 500 members including: composers,



carillon designers, churches, benefactors and performers. These members must complete an examination process culminating in a recital at an annual GCNA Congress in order to be certified. This June will mark the 70th annual GCNA Congress and will take place at Clemson University (two past Congresses were held in Washington in 1964 and 1990). Although our 16-tube chimes system does not meet the criteria for a carillon (23-tube minimum), besides the three carillons in the District (the Shrine of the Immaculate Conception, the Washington Cathedral and the Zoo's Glockenspiel), the next nearest carillons are Arlington's Netherlands Carillon (50 bells) and the Luray Singing Tower (49 bells) in Virginia. In Maryland, there are the Joseph Baker Memorial Carillon (49 bells) in Frederick and the McDonogh Carillon (48 bells) in Owings Mills. Yes, one original Deagan chimes tower is a GCNA member, namely the Longwood Gardens Carillon in Kennett Square, PA. To be continued....

Have a chimes story? Call 202.244.4833



**The Heat Is On At
Blessed Sacrament School!**

The BSS Auction Benefit is fast approaching, but there are still opportunities to participate. Please act now!

You can support your school community by:

- ☀ **Becoming a Sponsor or Benefactor;**
- ☀ **Donating an item to the silent auction;**
- ☀ **Making a monetary donation to support the auction;**
- ☀ **Donating a bottle of wine to the Auction Wine Cellar;**
- ☀ **Advertising your business; and/or**
- ☀ **Purchasing event tickets online.**

And you can even support BSS from the comfort of your own home by going online to:

<http://bss.maestroweb.com>.

**It's Cold Outside, But It's A
Caribbean Paradise At BSS!**

LANDINGS: An Invitation To Take Another Look — Are you, or someone you know, an inactive Catholic who has left or drifted away from the Catholic Church? One way to explore a more active return is by participating in the LANDINGS Program here at Blessed Sacrament. Spring session runs from **March 3 to May 10**. To find out more, contact Karen Vittone at 301.585.0592 or karen@vittone.com.

Attention Ladies — What a better way to start the new year than to plan something just for you! Blessed Sacrament's Women's Retreat is coming up the weekend of **March 16-18**. It will be held at the Loyola Retreat House in Faulkner, MD. This special "you" get away is just the nourishment your heart needs and a great way to enhance your Lenten Season! The theme this year is "In the Spirit there is always a new beginning." If you are interested in joining other women in the parish for a wonderful, spiritual experience, contact Jessica Walsh at jessica@cosmocontracting.com, Marcella Townsend at marct@infostrat.com or Rita Killian at r.killian@verizon.net. More information is available on the Loyola Retreat House website at www.loyolaretreat.org. Pink information pamphlets can be found in the back of the church, in the parish center and in the school. Space is limited...sign up today!



Sanctuary SODALITY
EST 1910
WASHINGTON, DC

Sanctuary Sodality News

Children's Books Drive — The Mystical Rose Sodality Unit is collecting children's books for St. Augustine School during Catholic Schools Week. Please donate your gently used books for children Pre-K through eighth grade. There will be a donation box in the school lobby during the week of **January 30 through February 3**. Questions? Contact Yves Clark at clarkmsbee@aol.com.

Holy Rosary Sodality To Host Diaper Drive From February 1 Through February 29 — Why Diapers? Nonprofits working with poor families consistently list diapers as an ongoing and high priority need. Despite this need, government food subsidies do not cover the cost of diapers or other hygienic supplies.

Families not able to afford an adequate supply of clean diapers often must leave their babies in a single diaper all day, which can result in diaper rash and other detrimental health issues. Babies exposed to stressful environments for long periods of time are affected negatively both emotionally and physically. Excessive crying, often the result of diaper rash or discomfort, is the number one cause of child abuse.

Lack of resources to purchase diapers also impacts parents who need to use free and subsidized child care since providing diapers for their babies is a requirement to use this service. Therefore, some working mothers are unable to bring their babies to child care, and thus cannot work to pay for basic needs like diapers. The pain that a parent or caregiver feels at not being able to meet their children's basic needs adds stress and tension to the already difficult task of parenting.

DC Diaper Bank was founded in 2010 by a young mother, Corinne Cannon, who realized the expense and physical challenge of caring for a baby, and was inspired to help those in our community who are without the resources to provide basic needs for their children. Donating diapers is a simple, concrete and immediate way to improve the quality of life for families in need in the Washington metro area.

Please help Holy Rosary Sodality with this drive by bringing new disposable baby diapers to its drop boxes at the church and school during the month of February. Any size is accepted, but sizes 4, 5 and 6 are sizes that are needed the most. Thank you for your support!

Sanctuary Sodality Meeting — The next Sanctuary Sodality meeting is this Thursday, **February 2**, beginning with the 11 a.m. Mass. This will be the annual healing Mass so please communicate your intentions to Terry Randolph, 301.656.1031 or Donna O'Neill, moneill656@aol.com or leave in the Sodality mail box in the parish center. All intentions will be kept private unless specified to be read out loud. The meeting and luncheon will be hosted by Star of the Sea and Our Lady of Hope.

Save The Date — What are your plans for St. Paddy's Day, Saturday, **March 17**? Please consider coming to Irish Night 2012. Count on plenty food, drink, music and friends...all at the Blessed Sacrament Gym. Proceeds will benefit activities organized by the Disabilities Ministry. More information available soon. Questions? Contact nick_jacobs@verizon.net.



Outreach

Christmas Tree Committee Funding Proposals — The Christmas Tree Committee is accepting funding proposals from parish and community agencies working with youth and seniors. Copies of funding guidelines are located in the parish office in the Duffy Parish Center and at the entrances to the parish center and church. Please send funding requests to Pat Kavanaugh, Christmas Tree Committee, 3630 Quesada Street, NW, Washington, DC 20015. All proposals must be sponsored by a Blessed Sacrament parishioner. The deadline to submit proposals is Monday, **March 5, 2012**. Please direct any questions to the Social Concerns Office, 202.449.3987.

From The Archdiocese

Cardinal's Appeal 2012...A Time For Reflection

This week you are asked to review the Cardinal's Appeal brochure and the tabloid that you will find included in today's bulletin. The theme of the campaign is: "Seek first the kingdom of God." (Matthew 6:33)

The Cardinal's Appeal campaign is much different than a one-time special collection. It is a pledge campaign where you can make a gift, payable over ten months.

A significant gift to the Cardinal's Appeal will touch the lives of many others in a very positive way. As you review the work enabled by your contribution, please reflect on God's gifts to you. He has given you all that you have. Your gifts to our parish, to the archdiocese and to the work of the Church throughout the world should be given in gratitude for the continuing gifts that God gives you.

Sometimes it is difficult to envision how one pledge can help an organization the size of our archdiocese, how it can make a real difference. But each pledge does make a difference because all parishes participate in the campaign, and the gifts of many enable our archdiocese to deliver needed ministries and services.

Our combined gifts not only signify our gratitude to God, they glorify Him by enabling the work of our archdiocese and give Him thanks for all He has given us.

If you received your pledge form in the mail, please complete it and mail it back or bring it to Mass next weekend. For those of you that did not receive a mailing or have not had time to respond to it, we will conduct our in-pew pledge process at all Masses next weekend and the following weekend.

Thank you for your prayerful consideration and generous response.

From The Community

Religious Liberty For Catholics? — Jayd Henricks, newly appointed Director of Government Relations, U.S. Conference of Catholic Bishops, will discuss what has been called "the biggest external threat that the Church in this country has faced in years"—a growing effort by the government at both the federal and state levels to pressure religious institutions to violate their moral convictions with respect to contraception, sterilization and drugs that cause early abortions, or the placing of children for adoption or foster care with same-sex couples. Cardinal Wuerl, citing threats to Catholic schools, hospitals and other institutions, called this "an unprecedented assault on religious liberty." The talk by Mr. Henricks, sponsored by Knights of Columbus Council 224, will take place in the Blessed Sacrament parish center at 6 p.m., Friday, **February 3**, (following the 5:30 Mass). Refreshments will be served. For more information, contact Bill Ryan at ryan3736@aol.com.

Catholic Alumni Club's Valentine's Day Dance — Saturday, **February 4**, 8:30 p.m. to 12:30 a.m. at the Knights of Columbus Hall, 9707 Rosensteel Avenue, Silver Spring, MD. Music provided by DJ Ed Kegley...free snacks and a cash bar. Admission is \$20. The event is open to everyone from ages 21 and up. For more information, contact Anne Kearney at 301.218.2772 or dance@dcsinglecatholicpro.org, or visit www.DCsingleCatholicPro.org.

Vocation Discernment Retreat — The Little Sisters of the Poor will hold this retreat for young women aged 18 to 35 from **Friday, February 17, through Sunday, February 19**, at their residence, 4200 Harwood Road, N.E., Washington, D.C. The retreat begins Friday at 5:30 p.m. and concludes Sunday at 3 p.m. To register or for further information, contact Sister Camille Rose at 202.269.1831 or cocwashington@littlesistersofthepoor.org.

Want To Make A Difference During Some Of Your Best Years? — The Ignatian Volunteer Corps (IVC) is a Catholic organization that provides men and women, age 50 and above—retired or semi-retired—with substantive opportunities to share their skills, talents and life experiences with nonprofit organizations that directly assist the materially poor or address issues related to poverty. IVC helps transform lives! To find out more about IVC, contact Joe Jones at 202.210.3637 or jjones@ivcusa.org, or visit www.ivcusa.org and click on DC-Metro MD.

Sponsor Of The Week

We would like to thank **R & R Custom Homes** for sponsoring an ad in our weekly bulletin.