

SHRINE OF THE MOST BLESSED SACRAMENT

FOUNDED
1911

3630 Quesada Street, NW
Washington, D.C. 20015
202.966.6575 • Phone
202.966.9255 • Fax
www.blessedsacramentdc.org

Blessed Sacrament School
5841 Chevy Chase Parkway, NW
Washington, D.C. 20015
202.966.6682
www.bsstoday.org

Mass Times ~ Presider Schedule

Saturday, February 18

5:30 p.m. ~ Father D'Silva

Sunday, February 19

7:30 a.m. ~ Father O

9 a.m.* ~ Father Armstrong

10:30 a.m. ~ Father O (Church)**

10:30 a.m. ~ Father D'Silva (Gym)**

12:30 p.m. ~ Father Ron

5:30 p.m. ~ Father Ron

Saturday, February 25

~ Father O

Sunday, February 26

~ Father O

~ Father Witzcak

~ Father Ron

~ Father D'Silva

~ Father Ron

~ Father D'Silva

*American Sign Language interpreted Mass

**Nursery services, kindergarten room under the school gym

Weekday & Saturday Masses

Monday - Friday: 6:30 a.m., 8 a.m., 11 a.m., 5:30 p.m.

Saturday: 8 a.m., 11 a.m.

Filipino Mass in Tagalog every 4th Sunday at 4 p.m.

Holy Day Masses

Eve of the Feast: 5:30 p.m.

Day of the Feast: 6:30 a.m., 8 a.m., 11 a.m., 5:30 p.m.

Adoration Of The Blessed Sacrament

Exposition: Monday - Friday, 3 - 5:15 p.m., in the church

Thursday before first Friday of each month: 6 - 10 p.m., with Holy Hour 9 - 10 p.m.

Inside This Issue • February 19, 2012

Lenten Activities This Week • 3

Parish Lenten Mission • 4

Lenten Caring For Creation Calendar • 5-6

LANDINGS Program Begins Next Month • 6

This Weekend

"Amazed and Afraid: the Revelation of God Become Man" —

Sunday, Blessed Sacrament School auditorium. Refreshments will be served at 8:30 a.m., screening and discussion follows from 8:45 until 10:20 a.m. Reverend Robert Sokolowski, a philosopher at Catholic University, will lead the discussion. Part of the Catholicism video series.

This Week

Ash Wednesday

Liturgies

6:30 a.m.

8 a.m.

11 a.m.

5:30 p.m.

7 p.m.

**Ashes will be distributed at all the
Masses after the homily.**

A Reminder — All Catholics from their 18th birthday until and including their 59th birthday are obliged to fast on Ash Wednesday and Good Friday. One full meal is allowed on the days of fast. Two other meatless meals, sufficient to maintain strength, are allowed. Together the two meals should not exceed the full meal. Drinking of ordinary liquids does not break the fast. In addition, Catholics over the age of 14 are obliged to abstain from meat on Ash Wednesday, Good Friday and the Fridays of Lent. Source: www.adw.org

7th Sunday In Ordinary Time

Pastoral Staff

Rev. Ronald A. Potts, Pastor
rpotts@blessedsacramentdc.org
Rev. Msgr. Maurice V. O'Connell, Retired Priest
moconnell@blessedsacramentdc.org
Rev. Percival L. D'Silva, Retired Priest
pdsilva@blessedsacramentdc.org
Deacon Daniel Thompson

Assistants on Weekends

Rev. Regis Armstrong, OFM Cap, Catholic University
Rev. Michael Witzczak, SLD, Catholic University

Duffy Parish Center

Main Office 202.966.6575

(Open Monday - Saturday, 8:30 a.m. - 4:30 p.m.)

In an emergency, **202.966.6575, Ext. 3988**, to page priest on duty

Facilities 202.449.4610

Pius X Library 202.449.3974

Ray Manning Adult Center 202.363.4512

Mr. Chris Kelly, Principal of Blessed Sacrament School, **202.966.6682**
Ms. Therese Recinella, Director of Religious Education, **202.449.3989**
Mrs. Patricia Kavanaugh, Social Concerns Minister, **202.449.3987**
(Office Open Monday - Friday, 10 a.m. - 1 p.m., and by appointment)
Mr. Jay Rader, Director of Liturgy and Music, **202.449.3981**
Ms. Kathy Gillespie, Director of Athletics, **202.449.3972**
Mr. Mark McCaffrey, Coordinator of Youth Ministry, **202.449.3978**
Ms. Emma Voelzke, Special Needs Coordinator, **202.449.3990**
Mr. Rick Perry, Assistant to the Pastor, **202.449.3982**

Sacraments

Baptism — Baptismal preparation is required of all parents prior to the celebration of baptism. We recommend that this take place before the child is born. Contact the Religious Education Office at 202.449.3989 for more information.

Matrimony — Please contact one of the parish priests six months in advance. All couples who are to be married at Blessed Sacrament must complete our parish marriage preparation program.

Reconciliation — Friday and Saturday after the 11 a.m. Mass (if no funeral); Saturday 4 - 5 p.m. and after the 5:30 p.m. Mass, or anytime by appointment.

Parish Services & Information

Care Of The Sick & Homebound — If you or someone you know is hospitalized and would like a priest to visit, or if you know of anyone who is homebound who could benefit from a regular visit, please contact the parish office at 202.966.6575.

New Parishioners — Welcome to Blessed Sacrament! Please register for parish membership by stopping in at the Duffy Parish Center and filling out a registration form. Forms also available in the pamphlet rack inside the Quesada Street entrance to the church and on the parish Web site.

Bulletin Announcements — Please send all announcements to bulletin@blessedsacramentdc.org. Deadline: Mondays @ 10 a.m.

Newsletter Content — Please send articles, photos and other content to newsletter@blessedsacramentdc.org.

Web Site Postings — Please send requests for postings for the Blessed Sacrament Parish Web site to website@blessedsacramentdc.org.

Pastor's Column

In today's reading from the Prophet Isaiah, the prophet gives hope to God's people who are in exile as he announces their forthcoming liberation. "See, I am doing something new!" Each step of the history of salvation is a new creation at God's initiative. His action continues in the direction of His original intention; God does not act by fits and starts. Nor is He unreliable, like persons constantly hesitating, being unsure of the value of their work. But He never repeats Himself; He always creates new things never seen before that fill with us with astonishment and awe. He alone accomplishes our salvation by His mercy, "It is I, I, who wipe out, for my own sake, your offenses; your sins I remember no more."

In our reading from the second Letter of St. Paul to the Corinthians, we find that Paul has been accused of being unstable. He returns to the basics of the Christian message and refers to God's promises which are stable and unchanging. Paul does not speak his own words but what the Lord has revealed to him and that is the truth. Paul clearly understands the mission of all those called to be the Lord's disciples—they do not speak of themselves but proclaim and announce what they have received—the Gospel of Jesus Christ. It is not enough to mouth the words but to bear witness to the gospel by the living out of one's life. It is the gift of the Holy Spirit who animates us and moves us to follow the will of the Father in our lives and enables us to always say, "Yes."

In today's gospel passage, Mark describes the healing of the paralytic man. Jesus has returned to Capernaum and the news spreads quickly and the house is crowded with people who want to see him. Four men arrive carrying a paralytic on a stretcher and they cannot get in but decide to lower him down through the roof. Jesus is moved by the faith of the men who lower their friend to be healed by Him. Jesus cures the paralytic with the words, "Child, your sins are forgiven." Jesus uses the word "forgiven" to reveal His identity as "Son of Man." As the scribes point out—only God can forgive sins and they accuse Jesus of blasphemy. Mark is pointing out who Jesus truly is—the Savior of the World and the officials begin to make their case against Him in the early days of His ministry. Jesus has come to forgive our sins as He reconciles us to the Father through His passion, death, and resurrection—He makes all things new.

May God bless all of you.

Father Ron

Poor Box Donations in February will benefit Saint Joseph's House, a daycare and respite home serving school-aged children with multiple and severe disabilities. It offers care before and after school, on respite weekends, during family emergencies, and when schools are closed for vacations, holidays, or weather-related reasons.

Year-End Statements — The annual contribution statements for tax purposes are now available for mailing. However, statements will be provided only upon request. To request a statement, contact Grace at gpereira@blessedsacramentdc.org or 202.449.3979.

Youth Corner

Question For The Week — When have you experienced forgiveness from God or others? What does forgiveness feel like to you?

(Source: www.osvcurriculum.com/lifelong_catechesis)

Disabilities Ministry Meeting This Week — The Disabilities Ministry group will meet this Tuesday, **February 21**, from 7 to 9 p.m. in the parish library. All are welcome!

Afghans For Infants — Join a group of knitters and crocheters and create warm and cozy hand-made baby blankets this Wednesday, **February 22**, 11 a.m. to 1 p.m., in the parish library. Blankets will be distributed to newborns in need by the Christ Child Society, founded by former parishioner Mary Virginia Merrick. Group will also meet next Wednesday, **February 29**.

Free Throw Contest — The Knight of Columbus will sponsor a free throw contest for boys and girls ages 10 to 14 on Saturday, **February 25**, at 2:30 p.m. in Blessed Sacrament School gym. For more information or to register, contact Henry Rackowski at 703.914.8066 or leave a message at 202.363.8222. A few parishioners wishing to help as scorers or rebounders are welcome and asked to call in advance for an assignment.

As We Draw Closer To The Season Of Lent... Consider renewing your service to your fellow parishioners and your fellow man. We are all so busy but, can we carve out an hour a day? An hour a week? Half a day a month? In the coming Sundays of Lent, our five parish leadership commissions will share stories at the end of Mass about how they shepard up to sixty ministries in reaching out in service to the parish and to God's children in need. They will highlight their ministries in need of volunteers and ask you to consider offering your time and talents to help a ministry of your choosing. Keep your ears open about this opportunity beginning Sunday, **February 26**.

Couples: Remember To Register For The Communication Workshop — Married and engaged couples will learn specific and practical methods to improve their communication skills in this workshop, which will be held on the **four Tuesdays in March** from 7:30 to 9:30 p.m. For more information, contact Jim & Ann Hoffman at 202.362.4510 or 202.486.8391 or hoffmanja2@msn.com. Deadline to register is **February 27**.

Last Call For Men's Retreat Weekend — There are only a few rooms left and they go quickly for the Blessed Sacrament's Men's Annual Retreat Weekend, **March 2-4**, (dinner Friday through lunch Sunday). Spectacular sunsets over a 16-mile wide expanse of the Potomac, great jogging trail, 235 acres of woodlands, home-cooked meals (crab cakes for dinner on Friday), private rooms, time to relax, sacraments, and the Lord all await you. Register online today at <http://www.blessedsacramentdc.org/mens-retreat/>. Questions? Loyola at 301.392.0819 or lisa.white@loyolaretreat.org. If you'd like to carpool, contact Dr. Jim Richeson at jim@yourdentaldr.com.



Save The Date — What are your plans for St. Paddys Day, Saturday, **March 17**? Please consider coming to Irish Night 2012. Count on plenty food, drink, music and friends...all at the Blessed Sacrament Gym. Proceeds will benefit activities organized by the Disabilities Ministry. More information available soon. Questions? Contact nick_jacobs@verizon.net.

Lenten Activities This Week

Lenten Caring For Creation Calendar 2012 (See pages 5-6): Ash Wednesday reminds us to be faithful in action even when no one is looking. When we lie in harmony with God's people and Creation, our household, our churches, and our society will be transformed...beginning with us! As we begin Lent, let us keep in mind our connection with creation and reflect on our beginning and end "Remember that your are dust and to dust you will return."

Wednesday, February 22: Ash Wednesday collection at all Masses to benefit poor individuals and families in our Catholic community.

Friday, February 24: Hunger Mass; 6:30 p.m.; Ms. Teresa Volante from Catholic Charities Parish Partners Program will speak briefly about "Local Poverty in a Challenging Economy." A collection will be taken to provide food assistance to the poor.

Friday, February 24: Stations of the Cross Followed by Pizza Social; 6:10 p.m. Join us every Friday during Lent for the Stations of the Cross in the church followed by a pizza social in the Duffy Parish Center, main level.

Parish Library Highlights For Lent: The library will include a shelf of reading and viewing selections during Lent. Look on the magazine table each week for subjects such as: personal retreats, contemplation and meditation as part of our busy lives, models of the faith in the seven works of mercy, contemporary companions in faith. Call 202.449.3974 for guidance on your individualized reading for this season.

The Catholicism Video Series Continues Next Sunday — Dr. Susan Timoney of the Archdiocese Evangelization and Family Life Department leads our discussion on the film "Happy Are We: The Teachings of Jesus" next Sunday. Refreshments at 8:30 a.m., screening and discussion 8:45 - 10:20 a.m., school auditorium.

New Exhibit Opens This Tuesday — The paintings of parishioner Sondra Sheppard entitled "The Sweep of Covenant History: Living in Hope," will be on display in the main level meeting room in the Duffy Parish center. Artist reception **February 26**, 2 to 4 p.m.

Attention Ladies — What a better way to start the new year than to plan something just for you! Blessed Sacrament's Women's Retreat is coming up the weekend of **March 16-18** at Loyola Retreat House, Faulkner, MD. Contact Jessica Walsh at jessica@cosmocontracting.com, Marcella Townsend at marct@infostrat.com or Rita Killian at r.killian@verizon.net.

Newly Baptized

Adalyn Lawler Fentress
Lucy Antonia Peck

Rest In Peace

Dinorha Perkey

Please include our sick in your prayers that they may experience healing and comfort

Sara Baron	Helen Potts
Mary Dougherty	Peter Ross
George Fleming	Judy Szot
Thomas J. Gletner, Sr.	Jimi Yui
Peter Kiss	

Blessed Sacrament Lenten Mission:

Our Annual Pilgrimage to Holiness and Wholeness

Our God gives us more than a second chance to get our lives together. This is what makes God so compassionate and caring. Our God is the God of “many” chances. Lent and this Lenten Mission are yet other opportunities for God to help us redirect our lives, heal our brokenness, resparkle our passion, and be converted to His gentle urgings.

Monday, February 27

Food for the Journey of Service: Reflections on Holy Thursday

Tuesday, February 28

The Journey to the Cross: Reflections on Good Friday

Wednesday, February 29

The Journey of Change: Reflections on Easter

Presented by: Father Richard De Lillio, OSFS

Location: Blessed Sacrament Church

Time: 7 to 8:15 p.m.

Rev. Richard R. DeLillio, OSFS, is a priest of the Oblates of St. Francis De Sales. He holds a Masters of Divinity from St. Charles Borromeo, Master in Counseling from Villanova, and a doctorate in Ministry from Wesley. He has written numerous articles on Salesian Spirituality, presented retreats for parishes, family groups (annual Camp Maria Retreat for Blessed Sacrament Families), religious and priests. He has given retreats in the United States, India, Australia, Canada and South Africa. Presently he is Professor of Homiletics at Catholic University of America and a member of the formation team at the Oblate Seminary in Washington, D.C.

THE ADULT CENTER

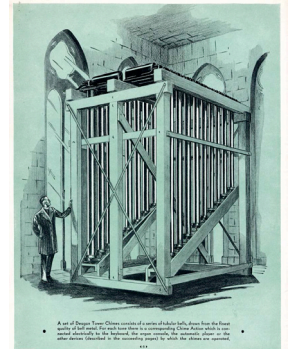
Because of the uncertainties of weather and potential safety risks, the Adult Center will be closed during the **month of February**. Activities will resume on Monday, March 5. Be warm and safe!

Searching For A Yoga Instructor — The Adult Center would like to offer Yoga classes and is looking for an instructor. If you know of anyone who might be able to teach Yoga to Seniors, please contact Mary Otero at 301.986.0488.

Bread, Book & Brethren Day News — The Bread, Book and Brethren Bible Study Group invites all parishioners to join them in their Annual Day of Recollection on **March 28** at the Washington Retreat House. The theme is: “Responding to the Three Calls of Evangelization: How we Communicate our Faith.” This is a silent retreat as members of the group embark on a spiritual journey with Redemptorist Father James Wallace. On the faculty of the Washington Theological Union, Father Wallace received the Georgetown University’s Center for Liturgy Award in 2009. The day begins at 8:45 a.m. and concludes with a Mass at 2:30. Registration fee is \$30.00, which includes continental breakfast and lunch. For more information and to register, email eniko.basa@verizon.net.

Chimes Chatter

We continue with our chat on the various Deagan installations that could qualify as carillons within the Guild of Carillonners in North American (criterion for a carillon having more than 23 “bells”), various sources tell us that there were originally 40 applicable Deagan towers that met this specification. Of these 40 towers, there are 25 locations having 25 chimes, one site with 30, nine with 32, one with 37, one with 40, one with 64, one with 96 and one with 97 chimes (our bell tower has 16 chimes). While these original 40 sites were installed between 1927 and 1957, only nine have been meticulously maintained and still operate to this day. Now, which of these 40 sites were or are in the Guild of Carillonners in North American? We believe that the only Deagan system becoming a member of the Guild was the original Longwood Gardens estate’s 25-chimes stone tower of 1930 (since replaced with an electronic system in 2001). Is any one of these Deagan 25-chime carillons here in the heart of Washington, D.C.? ...to be continued.



Call to volunteer or share your story at 202.244.4833.

Did You Know???

That the Special Olympics of Montgomery County will hold it’s basketball exhibition game here at Blessed Sacrament at 11 a.m. on Saturday, February 25, 2012, in the school gym. Come and cheer on all the players and their unified partners!! A fun family event for all!! For more information about how Blessed Sacrament is becoming a more inclusive community, contact Emma Voelzke at 202.449.3990 or evoelzke@blessedsacramentdc.org.



Three Things You NEED to Know About Blessed Sacrament School’s Annual Benefit...



Online Auction is Now LIVE.

Go online now to create a wish list, share items of interest with your friends by e-mail and BID!



Event Tickets Are on Sale Now!

Don’t miss out on what promises to be a spectacular evening: **Saturday, March 3.**

...Stay Tuned to Find Out How You Can Win a Four-Night Caribbean Vacation!

For information, visit

<http://bss.maestroweb.com>.

Outreach

Lenten Food Drive Scheduled For March 3-4 — The Archdiocese of Washington, Catholic Charities and the Capital Area Food Bank are working together to coordinate the “Share in the Hope Food Drive” an archdiocesan-wide food collections held each Lent. Bags will be distributed to diocesan parishes on February 25-26. Please take a bag home, fill it with requested items, and bring it back to Blessed Sacrament the following weekend, March 3-4. Hunger remains one of the region’s most prevalent issues facing homeless and low income individuals and families in the community. Simple actions can make a big difference so please be generous with your contributions to the 2012 “Share in the Hope Food Drive.” Please contact Pat Kavanaugh in the Social Concerns Office with any questions, pkavaaugh@blessedsacramentdc.org or 202.449.3987.

Christmas Tree Committee Funding Proposals — The Christmas Tree Committee is accepting funding proposals from parish and

community agencies working with youth and seniors. Copies of funding guidelines are located in the parish office in the Duffy Parish Center and at the entrances to the parish center and church. Please send funding requests to Pat Kavanaugh, Christmas Tree Committee, 3630 Quesada Street, NW, Washington, DC 20015. All proposals must be sponsored by a Blessed Sacrament parishioner. Deadline to submit proposals is Monday, **March 5, 2012**. Please direct any questions to 202.449.3987.

Social Concerns Day Of Recollection — After the 10:30 Masses on Sunday, **March 11**, Father O will address “Freedom of Conscience in America” stressing historical religious milestones to current day challenges, followed by a guaranteed lively discussion and informative question and answer time. The Social Concerns Office will provide lunch. Please RSVP to Pat Kavanaugh, pkavanaugh@blessedsacramentdc.org or 202.449.3987.

Lenten Creation Stewardship Calendar 2012: The Environmental Outreach Committee in the Department for Charity and Justice, Archdiocese of Washington, has developed a Lenten calendar of spiritual reflection and sacrificial actions everyone can consider taking during Lent. The daily actions in the calendar will conserve energy and natural resources and help us to be good stewards of God’s gift of Creation now and for future generations. You are invited to use this calendar creatively in your preparations for Easter. If you are interested in other opportunities to care for Creation and care for the poor, please contact the Environmental Action Ministry at Blessed Sacrament at www.blessedsacramentdc.org/environmental-action-ministry or contact Kevin Kelley at kelleyk301@yahoo.com, 301.741.7752 or the Social Concerns office (202.449.3987).

Lenten *Caring for Creation* Calendar 2012



Environmental Outreach Committee
Department for Charity and Justice
Archdiocese of Washington
www.adw.org

The Environmental Outreach Committee suggests the following spiritual reflections, sacrificial actions, and practical suggestions everyone can consider during Lent. They are a way to help you grow in your commitment to be a wise steward of God’s Creation now and for future generations. We invite you to use this Lenten calendar creatively in your preparations for Easter.

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p><i>“When you give alms, sound no trumpet before you . . . so that your alms may be in secret; and your Father who sees in secret will reward you.” (Matthew 6:2, 4)</i></p> <p>Ash Wednesday reminds us to be faithful in action even when no one is looking. When we live in harmony with God’s people and Creation, our households, our churches, and our society will be transformed . . . beginning with us!</p> <p>As we begin Lent, let us keep in mind our connection with Creation and reflect on our beginning and end: <i>“Remember that you are dust and to dust you will return.”</i></p>				<p>Feb. 22</p> <p>Turn your thermostat down by at least one degree in cold weather.</p>	<p>23</p> <p>Combine trips or carpool, walk, bike or use public transportation.</p>	<p>24</p> <p>Recycle and refurbish electronics.</p>
<p>Learn more about Catholic teaching on the environment. This Lent read <i>Ten Commandments for the Environment: Pope Benedict XVI Speaks out for Creation and Justice.</i></p> <p>26</p>	<p>Run the clothes washer on “cold/cold” setting and only when you have full loads.</p> <p>27</p>	<p>Many caring people are working to protect creation. Find out what the Catholic Bishops are doing. Google “USCCB Environmental Justice Program”.</p> <p>28</p>	<p>Check windows and doors for drafts with a ribbon or feather. If it flutters, consider caulking, weather stripping or a draft dodger.</p> <p>29</p>	<p>Let your March 1 dishwasher breathe, run only when full and skip the energy intensive drying cycle. Just open the door to dry.</p>	<p>Fix household water drips and leaks.</p> <p>2</p>	<p>Check with your local pharmacy for the proper way to dispose of unused and expired medications. Methods may differ by jurisdiction.</p> <p>3</p>
<p>Reflect on Pope John Paul II’s message for the World Day of Peace, <i>“Peace with God the Creator, Peace with All of Creation.”</i> Google the title.</p> <p>4</p>	<p>Be aware of your hot water use today. Turn off the water when scrubbing the dishes.</p> <p>5</p>	<p>Help your kitchen fridge to function more efficiently by placing jugs of water in the unused space.</p> <p>6</p>	<p>Be aware of how much food you discard every day. Look for opportunities to eat leftovers and avoid wasting food. Consider participating in Operation Rice Bowl.</p> <p>7</p>	<p>Consider composting your plant-based food waste.</p> <p>8</p>	<p>Plan to plant extra vegetables in your garden this year to provide fresh produce for a local soup kitchen or shelter.</p> <p>9</p>	<p>Conserve water when you shower, draw water for a bath, brush teeth or shave.</p> <p>10</p>

Adapted from Tearfund, UK and other sources. Send your suggestions for the calendar to DSCC@adw.org.

7th Sunday In Ordinary Time

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
11 Spend some extra time in prayer today, thanking God for the beauty of Creation. Reflect on Psalm 148. Share with someone what you learned!	12 Many electronics draw power even when off. Today, place computers, radios, and TVs on a power strip, and really turn it off between uses.	13 End junk mail that wastes resources. Stop unwanted catalogs. Google "End Junk Mail".	14 Minimize disposables at home. Use cloth napkins at a meal. Wipe up with a dishcloth instead of paper towels.	15 Minimize disposables at work. Use a mug for coffee and water.	16 Check the tire pressure of your car today to maximize mileage and save gas.	17 Save paper: print double-sided. Wrap your next present in color comics, or a reusable gift bag.
18 Praise God for the wonder of creation. Pray through Daniel 3:51-90.	19 Begin spring gardening by going organic . Grow your lawn and garden without toxic chemicals.	20 Protect Creation. Learn what the Franciscans are doing and consider signing up for their e-newsletter at www.franciscanaction.org .	21 Are you recycling everything you can? Refresh your memory today on what items you are allowed for curbside recycling.	22 "Carry in. Carry out." Leave no trace when visiting a park or the wild.	23 When cooking and heating water on the stove, use a pot with a lid to conserve energy.	24 It's hard to open ourselves up to the realities of the climate crisis. Learn more about Church teaching through the Catholic Coalition on Climate Change at www.catholicsandclimatechange.org
25 Be filled with wonder at the marvelous works of God the Creator. Reflect on Psalm 104.	26 Celebrate Spring! Plant native plants or a native tree in your yard. Google "Native Plants".	27 Use earth-friendly cleaners. Seek "green" cleaning products that are biodegradable and designed with the environment in mind.	28 Give the dryer a rest and save your clothes. Hang your clothes to dry on a rack or clothesline. Get free drying that doesn't wear out clothes or age elastic/stretch material by heating it.	29 Help people on the "front lines" of climate change. Catholic Climate Covenant links US churches with carbon reducing projects in developing countries. See: www.catholicclimatecovenant.org	30 Contact publishers of any magazine you receive asking them to use environmentally responsible practices.	31 Learn about mountain-top mining to access cheap coal. Google "Appalachia's Wounds" in America magazine (10/4/10).
April 1 Embrace the silence. Turn off everything unnecessary. Reflect on God's glory in Creation. "The heavens are telling the glory of God; and the firmament proclaims his handiwork." (Psalm 19:1)	2 Pick up some litter when you are out walking and dispose of it properly.	3 When driving obey the speed limit. Every 10 mph in speed above the limit reduces fuel economy by 4 mpg.	4 Plan to use reusable bags when shopping. Wash after use to prevent contamination.	5 Holy Thursday: Reflect on Pope Benedict XVI's message for the World Day of Peace, "If You Want to Cultivate Peace, Protect Creation." Google the title.	6 Good Friday: Meditate on the mystery of love: "Behold the wood of the cross, on which hung the Savior of the world. Come, let us worship."	7 Holy Saturday: Remember your Baptism and the power of water. Thank God for this gift and ask him to help you be a good steward of his gifts, which reveal his love.

Catholic Resources: Franciscanaction.org; USCCB.org; Catholic Climate Covenant.org; CRS.org; Nrcr.com; Catholicsandclimatechange.org; Catholiccoalitiononclimatechange.org; Other faith-based resources: Gwipi.org; NCCoalition.org; Christiansforthemountains.org

8 Easter Sunday "At a time of world food shortage, of financial turmoil, of old and new forms of poverty, of disturbing climate change ... of growing fears over the future, it is urgent to rediscover grounds for hope. Let no one draw back from this peaceful battle that has been launched by Christ's Resurrection. ... Christ is looking for men and women who will help him to affirm his victory using ... justice and truth, mercy, forgiveness and love." (Pope Benedict XVI, *Urbi et Orbi*, Easter 2009)

Take some time today to reflect on all of the activities that you have performed during Lent, and how they have brought you into greater harmony with God's plan for Creation and all life. Continue your personal pledge to serve God and serve others by pursuing a more sustainable way of life.

Find Catholic teaching on the environment. Google *Compendium of the Social Doctrine of the Church* and read Chapter 10, "Safeguarding the Environment."

WIN @ Blessed Sacrament Team Meeting — Tuesday, February 21, 7 – 9 p.m., lower level, Duffy Parish Center. WIN is a city-wide organization of many faith communities advocating for job training, affordable housing, safe shelter space for homeless young people, playground rehabilitation and more. For more info, contact Kathy Lincoln at cplincoln@yahoo.com or the Social Concerns Office 202.449.3987.



WELCOME RETURNING CATHOLICS

**Rediscover your Catholic Faith
this LENTEN Season through a
program called LANDINGS**

March 8 – May 10, 2012, 7:30-9:30 PM
Shrine of the Most Blessed Sacrament

Learn more about this program:
Contact Karen Vittone at 301.585.0592
or karen@vittone.com.



SHRINE OF THE MOST
BLESSED SACRAMENT
**Sanctuary
SODALITY**
EST 1910
WASHINGTON, DC

Sanctuary Sodality February Activities

Diaper Drive — Holy Rosary Sodality is hosting a diaper drive **now through February 29** to help families in need in the Washington metro area. Please help Holy Rosary Sodality with this drive by bringing new disposable baby diapers to its drop boxes at the church and school during the month of February. Any size is accepted, but sizes 4, 5 and 6 are sizes that are needed the most.

Special Olympics Basketball Exhibition Game — Star of the Sea Sodality will co-host with Special Olympics Montgomery County and Blessed Sacrament's Disabilities Ministry for the 8th Annual Special Olympics Basketball Exhibition Game. Join the fun and cheer on the players on Saturday, **February 25**, 10 a.m., school gym. We will have a DJ and a special performance by SOMO Joy Cheerleaders.

Next Sodality Meeting will be held on Thursday, **March 1**, following the 11 a.m. Mass. The luncheon will be hosted by Holy Rosary and Stella Maris. Sister Mary Bourdon, head of school for Washington Middle School for Girls, will be the speaker.